



REFLUX TREATMENT CENTER

New York Bariatrics & Laparoscopy, PC



GERD QUIZ—

Do you have GastroEsophageal Reflux Disease?

Do you have heartburn more than once per week?

- YES NO

Do certain foods or drinks, exercise or stress give you heartburn?

- YES NO

Do you sleep with your head elevated (with several pillows) to prevent nighttime reflux?

- YES NO

Do you frequently have a sour or bitter taste in your mouth especially after sleep?

- YES NO

Do you salivate more than you used to?

- YES NO

Is it difficult or painful to swallow when you have heartburn?

- YES NO

Do you experience asthma like symptoms especially at night?

- YES NO

Do you frequently have a sore throat or hoarseness?

- YES NO

Do you take non-prescription or prescription medication for heartburn?

- YES NO

Do you often have pain or discomfort in your chest but are not having a heart attack?

- YES NO

Do you sometimes feel food or drink coming up from your stomach into your esophagus?

- YES NO

If you answered yes, to two or more of these questions, you should contact our office for additional information on Gastric Reflux and make a consultation appointment with a physician on our Reflux Team.